



ORCHARD PLACE STRONG

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2023

REPORT CARD

VITAL STATISTICS

IN 2023, ORCHARD PLACE:

- Provided care to **6,895** Iowa children and youth
- Employed **335** staff members
- Engaged **424** volunteers
- Operated on a budget of **\$22.98 MILLION**
- Limited management and general expenses to only **9.86%** of the total budget
- Orchard Place is proud to have earned the Gold Seal of Approval® from The Joint Commission - a nationally recognized symbol of quality in behavioral healthcare.



A MESSAGE FROM CEO ANNE STARR

YOU are a mission-critical piece in the role Orchard Place serves as a safety net for Iowa's youth and families. In too many cases, young lives are at risk and access to mental health services may be the difference between life and death. This year, one in four youths who came to us for evaluation had intent for self-harm including a plan for how to take their own lives and access to the means to do it. School surveys show these feelings of hopelessness are more common among LGBTQ students, female students, and students across racial and ethnic groups.

While the statistics are staggering, we can take heart in the stories of resilience. Via, a youth who recently completed our 24/7 treatment program at Orchard Place Campus, and her mother Sara are speaking out to inspire others to reach out for help.

"I definitely started out thinking that there was no future for me. That I didn't have a chance to be anyone or do anything in my life," said Via, "but as I worked on myself and got better in treatment, I realized that there was so much waiting for me that I had so many opportunities and things I could do with my life. I started doing better in school and working towards having a good future."

"For the families of the kids who come to Orchard Place, the biggest thing I want them to have is hope because we felt very hopeless when this process started," said Via's mom Sara. "I never thought that my daughter would be able to come home and be with us again. She is home again, and that's a miracle."

Please help us spread the word that there is hope. Youth mental health concerns are diagnosable, treatable, and we offer age-appropriate interventions.

It is because of stakeholders, advocates, funders, and volunteers like you that we're able to fulfill our mission of *Developing Strong Futures* one youth and one family at a time.

Anne Starr, M.S.W.
CEO, Orchard Place



THE ORCHARD PLACE MISSION: DEVELOPING STRONG FUTURES

ORCHARD PLACE IS A LEADING IOWA NONPROFIT ORGANIZATION DEDICATED TO HELPING YOUTH WITH MENTAL AND/OR BEHAVIORAL HEALTH CHALLENGES.

SANCTUARY INSTITUTE CERTIFIED



Orchard Place is the only provider in Iowa certified by the Sanctuary Institute. This certification symbolizes our organization's commitment to providing a higher level of care, a trauma-sensitive environment for the children and families we serve, and a better work environment for our team members.

The Sanctuary® Model is a blueprint for clinical and organizational change which, at its core, promotes safety and recovery from adversity through the active creation of a trauma-informed community.

Orchard Place has adopted the seven commitments of Sanctuary as our core values:

- Growth & Change
- Nonviolence
- Emotional Intelligence
- Social Learning
- Open Communication
- Social Responsibility
- Democracy



OUR BRANCHES OF SERVICE:

- **Child Guidance Center:**
Accredited outpatient community mental health center offering a wide variety of services including office and school-based therapy, psychiatric services, and psychological testing. Orchard Place's Child Guidance Center (CGC) is Iowa's largest "safety net" provider for children's mental health and provides care to families regardless of their ability to pay.
- **Orchard Place Campus:**
Residential Psychiatric Medical Institute for Children (PMIC) serving children and adolescents. Treatment is provided by a multidisciplinary team including child and adolescent psychiatric providers, nurses, therapists, milieu treatment counselors, plus a recreational therapist, dietician, and other dedicated professionals.

CGC is also home to Iowa Child Care Resource & Referral which provides resources, education and advocacy to support quality child care. CCR&R assists families in finding care for their children and provides on-site consultation to licensed preschools, centers, nonregistered home providers and child development home providers in meeting regulations and quality improvement.

- **PACE Center:**
Community-based programs providing skill-building, substance-use treatment, Juvenile Court follow-up, Latino Outreach, and integrated health home services.

DIVERSITY, EQUITY, INCLUSION

Orchard Place is committed to embracing and building a culture where diversity is valued, while creating a more equitable and inclusive environment for clients, families, employees, and community members. We know that establishing an environment that supports clients and families who receive mental health services is critical to their well-being, and Orchard Place strives to place diversity, equity, and inclusion practices at the forefront of our daily work.





CHILD GUIDANCE CENTER

IN 2023, THE CHILD GUIDANCE CENTER PROVIDED CARE TO 4,027 CHILDREN AND YOUTH.

- Conducted **39,140** outpatient treatment and psychiatric visits.
- Served **85** youth through the Functional Family Therapy program, helping **86%** of youth to remain in the community at discharge.
- Provided **2,260** consultation visits to childcare programs, totaling **2,549** hours.

BASED ON YOUTH AND PARENT PROGRESS REPORTS:

90%

of youth/parents reported that therapy is helping them to recognize emotions and how they impact behavior.

66%

of youth showed a positive change in emotional, social, and behavioral functioning from intake to discharge.

89%

of families completing Functional Family Therapy reported an improvement in family relationships.

93%

of youth/parents reported satisfaction with the services received.

ORCHARD PLACE CAMPUS

IN 2023, ORCHARD PLACE CAMPUS SERVED 174 CHILDREN. THE AVERAGE LENGTH OF STAY WAS 6.6 MONTHS.

IN 2023 AT ORCHARD PLACE CAMPUS:

- **89%** of youth showed a positive change in emotional regulation from intake to discharge.
- **88%** of youth showed a positive change in emotional, social, and behavioral functioning from intake to discharge.
- **98%** of youth successfully discharged to a lower level of care.
- **90%** of youth agreed with the statement "I am learning ways to help myself feel better here."



GOING TO CAMPUS ISN'T JUST FOR THE CHILD ITSELF, IT'S FOR THE WHOLE FAMILY OR WHOEVER IS LIVING WITH THAT CHILD. BECAUSE NOT ONLY DOES THE CHILD GET TREATMENT, ORCHARD PLACE ALSO WORKS WITH THE FAMILY TO HELP STABILIZE NOT JUST THE CHILD, BUT THE HOME ITSELF. STARTING WITH FAMILY THERAPY AND MEETINGS WITH THE THERAPIST AND A WHOLE LOT OF OTHER STUFF THAT HELPS BRING A HOME BACK INTO WHAT IS A REAL HOME.

-GRATEFUL YOUTH

"I'VE WITNESSED FIRSTHAND THE POSITIVE IMPACTS THERAPY OFFERED IN BOTH MY CHILDREN. TO PUT IT PLAINLY, ORCHARD PLACE SAVED MY CHILD'S LIFE. I'M FOREVER GRATEFUL TO EVERYONE AT ORCHARD PLACE FOR THEIR SUPPORT, COMPASSION, AND EXPERTISE."

- GRATEFUL PARENT

PACE CENTER

IN 2023, PACE CENTER SERVED 2,694 YOUTH AND FAMILIES.

- **93%** of youth/families served reported feeling respected and encouraged to share thoughts and ideas.
- **1,074** youth received care coordination services from our Integrated Health Home and System of Care programs.
- **185** youth across six area high schools were served on behalf of Juvenile Court Services and the Des Moines Public School District.
- **489** youth received skill-building services from PACE case managers.
- **343** youth received substance use services during the year.



“THE ENTIRE ORCHARD PLACE STAFF, FROM ADMINISTRATIVE ASSISTANTS TO OUR PSYCHIATRIST AND AMAZING INTEGRATED HEALTH PROGRAM TEAM, WELCOMED US WITH OPEN AND NON-JUDGMENTAL ARMS. OUR PROVIDERS AT PACE ARE THE MOST COMPASSIONATE, KINDEST, AND CARING PEOPLE I HAVE EVER MET.”

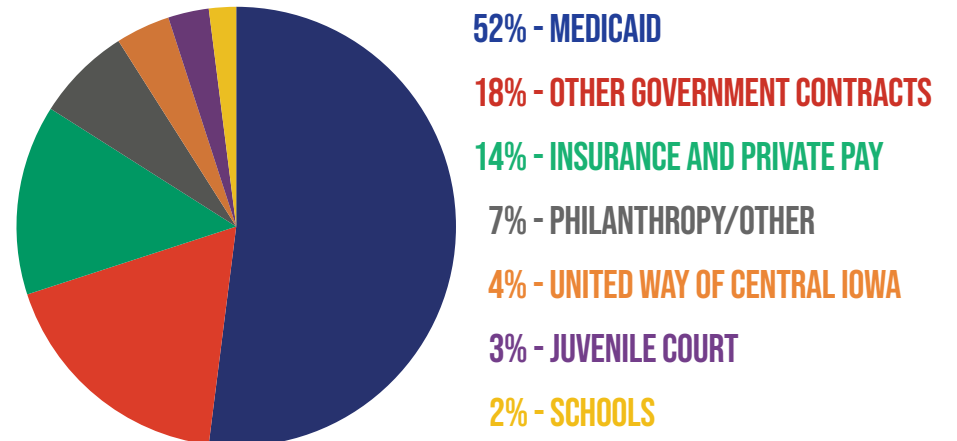
- GRATEFUL PARENT

ORCHARD PLACE SURVEY RESULTS

HERE IS HOW 1,273 PARENTS AND YOUTH PARTICIPATING IN OUR TREATMENT PROGRAMS RESPONDED TO OUR SURVEYS:



2023 FUNDING SOURCES





LEGACY IMPACT

We are honored to celebrate the legacy and generosity of Harriet Macomber who made *The Chronicle of Philanthropy* list of the top 50 donors of 2022, joining renowned philanthropists including Bill Gates, Michael Bloomberg, and Warren Buffet.

Through the Community Foundation of Greater Des Moines, Harriet donated \$45 million in 2022 to create endowments for eight local nonprofits including a \$5 million legacy gift to establish the Harriet S. and J. Locke Macomber Orchard Place Fund. In 2023, Orchard Place received a final endowment gift of an additional \$275,000. The Fund's purpose is to initiate innovative programs to impact children's mental health in Central Iowa.

INVEST IN OUR MISSION: DEVELOPING STRONG FUTURES

Your financial contributions fund transformational care that provides hope and healing to youth and their families. Please visit orchardplace.org/donation or send a check in the enclosed envelope. If your workplace matches employee gifts, please let your business or organization know you are giving to Orchard Place.

Is Orchard Place in your will or estate plan or would you like to arrange for a legacy gift? Please let us know so we may recognize you as a member of our Elizabeth Mann Society (EMS). Legacy gifts enable you to create a powerful philanthropic legacy by making a direct impact on Orchard Place. EMS members will be invited to our annual Ambassador's Luncheon.



CALL 515.287.9610
ORCHARDPLACE.MYPLANNEDGIFT.ORG

ORCHARD PLACE EXECUTIVE OFFICERS

Chief Executive Officer.....Anne Starr, M.S.W.
 Chief Financial Officer.....Val Saltsgaver, C.P.A.
 Chief Medical Officer.....Stephen Mandler, D.O.
 Vice President, Development.....Wendy Ingham
 Vice President, Orchard Place/Child Guidance Center
 Jodie Warth, M.P.A.
 Vice President, Orchard Place Campus.....
 Amber Rand, L.M.H.C., I.A.A.D.C.
 Vice President, Orchard Place/PACE Center.....
 Sonni Vierling, M.A.

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 Manuel Cornell Jan Koder Shane Percival
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 Wesley Boldt Ken Haynie
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 Neil Broderick Brenda Mouw
 Paula Duncan Bryan Shiffler
 Barbara Gartner

GIVE NOW



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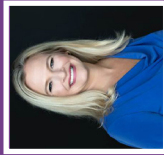
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**Orchard Place
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YOU CAN HELP DEVELOP STRONG FUTURES

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To make a gift to Orchard Place or schedule a personal tour, please contact:



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CONNECT WITH US



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